

2010 USPF Region 4 Open Championships

2010-12-11, USA-WV, Parkersburg

Place	Lifter	Sex	Age	Equip	Class	Weight	Squat	Bench	Deadlift	Total	Wilks
Women Single 148 Open											
1	Rheta West	F	36	Single	148	148.8	407.8	319.6	429.9	1157.4	535.83
Women Single 148 Submasters 35-39											
1	Rheta West	F	36	Single	148	148.8	407.8	319.6	429.9	1157.4	535.83
Men Single 242 Masters 50-54											
1	Rocky Roach	M		Single	242	242.5	501.5	303.1	518.1	1322.7	353.10
Men Single 308+ Open											
1	Lance Karabel	M		Single	308+		1008.6	628.3	733	2369.9	
Men Single 198 Teen 16-17											
1	Titus Russell	M		Single	198	198.4	137.8	341.7	611.7	1091.3	316.01
Men Single 165 Teen 18-19											
1	Sam Kappes	M		Single	165	165.3	347.2	248	402.3	997.6	322.43
Men Single 198 Teen 18-19											
1	Tyler Bowman	M		Single	198	198.4	451.9	242.5	143.3	837.7	242.59
Men Raw 275 Open Bench Only											
1	Allen Baria	M	39	Raw	275	275.5		639.3		639.3	165.26
Men Single 242 Masters 40-44 Bench Only											
1	Ron Harbert	M	40~	Single	242	242.5		551.1		551.1	147.12
Men Single 308 Masters 40-44 Bench Only											
1	JW Potts	M	44	Single	308	308.6		600.7		600.7	152.27
Men Single 242 Masters 45-49 Bench Only											
1	Don Maloney	M		Single	242	242.5		474		474	126.53
2	Ricky Perkins	M	48~	Single	242	242.5		440.9		440.9	117.70
Men Single 242 Open Bench Only											
1	Don Maloney	M		Single	242	242.5		474		474	126.53
2	JD Rafferty	M		Single	242	242.5		451.9		451.9	120.64
Men Single 275 Open Bench Only											
1	Ryan Hoffman	M	25~	Single	275	275.5		457.4		457.4	118.24
Men Single 308 Open Bench Only											
1	JW Potts	M	44	Single	308	308.6		600.7		600.7	152.27
2	Richard Fisher	M	45~	Single	308	308.6		440.9		440.9	111.76
3	Dan Wallace	M		Single	308	308.6		407.8		407.8	103.38
Men Single 165 Submasters 35-39 Bench Only											
1	Dennis McLaughlin	M	36~	Single	165	165.3		418.8		418.8	135.39
Men Single 181 Submasters 35-39 Bench Only											

Place	Lifter	Sex	Age	Equip	Class	Weight	Squat	Bench	Deadlift	Total	Wilks
1	OJ Riley	M		Single	181	181.8		363.7		363.7	110.53
Men Single 308 Submasters 35-39 Bench Only											
1	Wade Butcher	M	35~	Single	308	308.6		534.6		534.6	135.51
Women Raw 123 Teen 13-15 Deadlift Only											
1	Cassidy Newbrough	F		Raw	123	123.4			209.4	209.4	111.78
Men Single 220 Open Deadlift Only											
1	Josh Stottlemire	M	30	Single	220	220.4			600.7	600.7	165.84
Men Single 308 Submasters 35-39 Deadlift Only											
1	Mark Feathers	M	38~	Single	308	308.6			600.7	600.7	152.27